



Club CAMPSITE COOK OF THE YEAR 2019

Competition Rules for Regional Heat Contestants

- \*You are required to cook one main course dish of your choice.
- \*It must be a meal that can be cooked at your pitch on a campsite using either a gas stove or gas barbecue. **(All NFOL finalists will be asked to cook their meal on the Cadac Grillo Chef barbecue that they won in the region/section heat).** Any accessory on top may be used but this must also be brought to the cook-off by the participant.
- \*No ovens/microwaves or electrical equipment allowed
- \*You must be able to **cook** your meal in 30 minutes or under. Contestants can bring pre-washed, peeled and cut vegetables, measured out flour etc. Meat can be pre-marinated. However, no finished sauces. Sauces must be made within the 30 minutes.
- \*Ingredients and all cooking utensils must be supplied by the entrant on the day of cooking.

**You will be judged on:**

- \*The taste and appearance of your food
- \*The dish's suitability as a campsite-friendly recipe.
- \*Whether you have included an *Eat Local* element in terms of ingredients used, style or flavour.

**Terms & Conditions**

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# eatlocal

\*The competition is open to current members of the Camping and Caravanning Club who are over 12 years of age, except employees of The Camping and Caravanning Club, and Cadac UK, their families or anyone connected with the running of the competition.

\*Only one entry per person.

\*No monetary alternative to the stated prizes is available and the prize is non-transferrable.

\*The promoters reserve the right to provide an alternative prize of equal or greater value.

\*The Club reserve the right to alter the rules at any time.

\*The judge's decision is final and no correspondence will be entered into.

\*Winners Publicity. The Winners accept that the Club will have the right, without additional payment or permission, to use his/her name, recipe, images, video footage, interviews and submitted materials for the purposes of announcing the winners and for related promotional purposes.

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